

WHAT'S YOUR HEALTH CHALLENGE?

CONSTIPATION

CONSTIPATION CAN BE A SERIOUS CONCERN

The National Institute of Health statistics show that **63 million Americans suffer from constipation** and if you're reading this, you may be one of them. Constipation can become a serious health concern. Therefore, you should discuss this with your primary care physician. When your body doesn't eliminate waste on a regular basis it slows down the digestive process and your body may not get the fuel it needs. The undigested food in your colon can rot and may result in harmful toxins released into your digestive tract and possibly your blood stream.

SOME COMMON CAUSES OF CONSTIPATION

Constipation can be caused by many factors:

- > Not drinking enough water
- > Not consuming enough daily fiber
- > Poor diet
- > Lack of exercise
- > Misusing laxatives



HERE ARE THE RESULTS OF YOU EXPERIENCING CONSTIPATION

- *You might feel bloated*
- *You may even experience gas or cramps*
- *You may suffer from irregularity*

PROBIOTICS ARE A SAFE & NATURAL APPROACH TO PROMOTING REGULARITY

- Specially formulated to give you the best start at reclaiming regularity
- Helps breakdown food by acidifying it inot microscopic size particles. Hence making it easy to digest and absorb.



PRO TREN
PRECISION PROBIOTICS

ProTren, 2382 Townsgate Road, Westlake Village, CA 91361 | 1.888.381.1887 | www.protren.com

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CONSTIPATION by the NUMBERS

- 63 million - the number of Americans who experience constipation
- 5.3 million prescriptions written for constipation
- 4 million visits to the doctor due to constipation
- \$700 million spent on purchasing laxatives each year
- 2-3 healthy bowel movements daily is recommended for good health



1. SUPERDOPHILUS® - PROMOTES NUTRIENT ABSORPTION

- **SUPERDOPHILUS** is designed to provide support and assistance for the small intestine.
- *Lactobacillus acidophilus* NAS super strain is known for optimizing digestion which results in supporting regularity.

2. BULGARICUM® - PROMOTES OPTIMAL DIGESTION

- **BULGARICUM** contains *Lactobacillus bulgaricus* LB-51 super strain, or the “crowd control” probiotic.
- This strain specializes in “sweeping” the food through the digestive tract.

3. BIFIDONATE® - PROMOTES REGULARITY

- **BIFIDONATE** is formulated specifically for the large intestine to move waste forward and out of the body.
- *Bifidobacterium bifidum* Malyoth super strain is essential to the “waste and sanitation station”.



“Follow a regimen of one to three BULGARICUM capsules in the morning and one of each BIFIDONATE and SUPERDOPHILUS capsules at night for full regularity support. Try it and feel the difference.”

ABOUT NATASHA TRENEV

Natasha Trenev is the Founder and President of ProTren, also known as the **“Mother of Probiotics.”** Natasha is a published researcher in the field of probiotics and author of several probiotic books. She’s a developmental scientist and authority on probiotics and probiotic function as it relates to human health. As a probiotic pioneer, she has selflessly and tirelessly dedicated her life to researching, formulating and educating the public about the wonderful health benefits that probiotics can deliver to the human body.

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