

## WHAT'S YOUR HEALTH CHALLENGE?

# GLUTEN SENSITIVITY

### GLUTEN SENSITIVITY CAN BE A SERIOUS CONCERN

Healthcare practitioners note that gluten sensitivities may actually be signs or symptoms of a more serious medical problem like celiac disease. Please contact your primary care physician if you suspect you may have a gluten sensitivity. People with gluten sensitivities may experience an abnormal immune response when the digestive system breaks down the gluten from wheat and related grains during digestion. The triggered immune response causes inflammation in the lining of the small intestine.

### SOME FOOD SOURCES THAT CONTAIN GLUTEN:

- > Wheat > Barley > Rye
- > Triticale (a cross between wheat and rye)

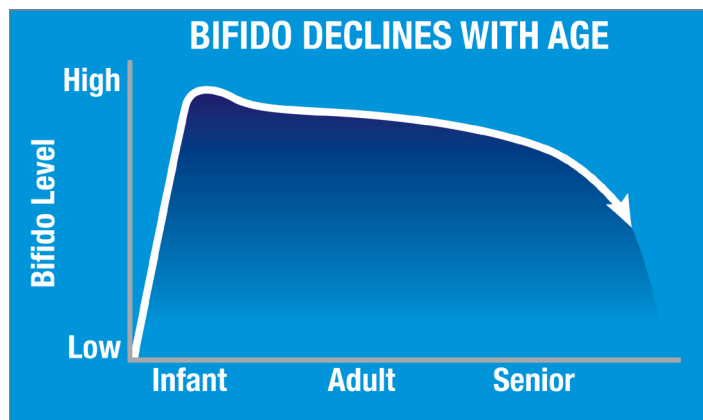
### HERE ARE THE RESULTS OF YOU EXPERIENCING GLUTEN SENSITIVITY

- **Itchy, rash prone skin**
- **Headache**
- **Poor weight gain**
- **Joint Pain**
- **"Foggy Mind", fatigue, irritability**
- **Numbness in the legs, arms or fingers**
- **Digestive upsets including bloating, gas, diarrhea, constipation**
- **Any of the above symptoms typically within hours or days of eating gluten**



### PROBIOTICS ARE A SAFE AND NATURAL APPROACH TO RELIEVING OCCASIONAL SYMPTOMS OF GLUTEN SENSITIVITY

Gluten sensitivities can have a profound effect on the digestive tract. Proper probiotic support with the *right* super strain can provide much needed digestive support. Since gluten sensitivities can trigger an immune response, it makes sense that probiotics can help. Approximately 70 - 80 percent of the immune system is in the digestive tract and it is known that proper bacterial balance in the G.I. tract can promote healthy immune function.



*Based on 1996 Mitsukoa Study*

**PRO TREN**  
PRECISION PROBIOTICS

ProTren, 2382 Townsgate Road, Westlake Village, CA 91361 | 1.888.381.1887 | [www.protren.com](http://www.protren.com)

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# GLUTEN SENSITIVITY by the NUMBERS

- 18 million Americans have Gluten Sensitivity
- 242%, the amount that gluten free foods are more expensive than non-gluten free foods

## REPLENISH FOR RESULTS

- Designed especially for those with sensitive G.I. tracts
- Formulated to replenish the body's natural microflora on a daily basis
- Great for people of all ages
- Each serving provides 2 billion cfu (colony forming units) of *Bifidobacterium infantis*, NLS super strain. *Bifidobacterium infantis* is the predominant bacteria in healthy, breast fed babies. Studies have shown a decrease in *Bifidobacterium infantis* as we age



## RELIABLE RELIEF

- Supernatant advantage – a natural and nourishing layer grown around each cell to assist delivery to the lower portion of the digestive tract where the probiotic bacteria are most active
- The supernatant provides critical nutrients for the probiotic bacteria that enhance the probiotic benefits
- Studies have show the supernatant can make the probiotic up to 50% more effective than probiotics without it
- Promotes optimal digestion while helping with occasional gas, bloating and indigestion



*"I recommend two capsules (or one teaspoon of powder) of Natren's LIFE START® 2 three times each day, 15 minutes before meals. Try it and feel the difference."*

A handwritten signature in black ink, reading "Natasha".

## ABOUT NATASHA TRENEV

**Natasha Trenev** is the Founder and President of ProTren, also known as the **"Mother of Probiotics."** Natasha is a published researcher in the field of probiotics and author of several probiotic books. She's a developmental scientist and authority on probiotics and probiotic function as it relates to human health. As a probiotic pioneer, she has selflessly and tirelessly dedicated her life to researching, formulating and educating the public about the wonderful health benefits that probiotics can deliver to the human body.

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