

WHAT'S YOUR HEALTH CHALLENGE?

HEARTBURN

HEARTBURN CAN BE A SERIOUS CONCERN

Healthcare practitioners note that heartburn may actually be a sign or symptom of a more serious medical problem like a heart attack, gallbladder disease, *H. pylori* infection or ulcer. Please contact your primary care physician if you suspect that you may have heartburn. It can be caused by food passing from your mouth to your stomach. To enter the stomach, food must pass through an opening between the esophagus and stomach. Usually this opening closes as soon as the food has passed through but if it doesn't close all the way, acid from the stomach can get up into the esophagus causing a burning sensation.

SOME COMMON CAUSES OF HEARTBURN:

Heartburn can be caused by a structural issue but many factors including diet may be involved.

- > Overeating > Pregnancy > Smoking > Certain medications
- > Candida (yeast) overgrowth > Bacterial or parasitic infection
- > Bending or lying down shortly after eating
- > Structural problem with the esophagus or sphincter
- > The consumption of fatty and spicy foods, alcohol, or carbonated beverages

HERE ARE THE RESULTS OF YOU EXPERIENCING HEARTBURN

- *You may notice a sour or bitter taste in your mouth or throat*
- *You may feel like your stomach is full or not emptying*
- *You might experience a burning feeling in the lower chest or throat*

PROBIOTICS ARE A SAFE & NATURAL APPROACH TO RELIEVING OCCASIONAL HEARTBURN

Popular over the counter and prescription medications for heartburn relief and antacids can cause more problems than they resolve. Addressing the symptoms rather than the root cause will not achieve lasting results. In fact, studies have shown that prolonged use of proton pump inhibitors (PPIs - acid reducers) can create other problems such as increased risk of hip, wrist, and spine fractures, cardiac events, iron deficiency and gastrointestinal infection.



PRO TREN
PRECISION PROBIOTICS

ProTren, 2382 Townsgate Road, Westlake Village, CA 91361 | 1.888.381.1887 | www.protren.com

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HEARTBURN BY by the NUMBERS

- 20% of Americans experience heartburn symptoms at least weekly
- 64.6 million prescriptions written annually for heartburn
- 8.9 million visits to the doctor due to heartburn each year
- PPIs are among the highest-selling class of drugs in the U.S.
- \$942 million spent annually on acid reducers



BULGARICUM - CONVENIENT RELIEF FOR INCONVENIENT OCCASIONAL HEARTBURN

- This super strain is designed to move throughout the digestive tract and “sweep” the food along
- Helps to predigest food
- Promotes healthy digestion and absorption of dairy products, proteins and carbohydrates
- One capsule taken before or after a meal during periods of occasional indigestion may allow you to enjoy your favorite foods once again
- Each serving contains 2 billion cfu (colony forming units) of *Lactobacillus bulgaricus*, LB-51 super strain, or the “crowd control” probiotic



TRENEV TRIO - CONTINUOUS SUPPORT FOR OVERALL HEALTH

- Formulated to replenish and balance your body's natural microflora (Microbiome)
- A potent probiotic powerhouse designed to support a healthy immune system, optimize digestive function and promote overall health
- Each capsule contains 30 billion cfu of beneficial bacteria designed for full health support
- Microencapsulated in a unique oil matrix delivery system that ensures virtually **100% survival** throughout the harsh gastric juices so the probiotics are alive when they reach the intestinal system



“I recommend taking one BULGARICUM capsule before or after meals, or during periods of occasional indigestion. Then, continue to maintain your microflora balance with one capsule of TRENEV TRIO every day. Try it and feel the difference.”

ABOUT NATASHA TRENEV

Natasha Trenev is the Founder and President of ProTren, also known as the **“Mother of Probiotics.”** Natasha is a published researcher in the field of probiotics and author of several probiotic books. She's a developmental scientist and authority on probiotics and probiotic function as it relates to human health. As a probiotic pioneer, she has selflessly and tirelessly dedicated her life to researching, formulating and educating the public about the wonderful health benefits that probiotics can deliver to the human body.

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