



August 13, 2023

Listen To Your Gut Enterprises Inc.  
1124 Fir Avenue, Suite 202  
Blaine, WA  
98230

To Whom it May Concern,

I began benefiting from Natren probiotics in the '80s during my healing journey from widespread Crohn's - when Natren was the only probiotic I could tolerate, because I was able to introduce only ONE species at a time, in a tiny amount, and increase gradually.

Since healing myself of this supposedly incurable disease, I have remained completely drug and surgery-free for over 25 years. Hundreds of thousands of people have since used my methods to heal their gastrointestinal diseases or disorders.

Natren is an absolutely crucial component of all my healing protocols. Although I have repeatedly looked for another brand to recommend to my readers, because it's always good to have choice, I have been unable to find a single other company in North America, Europe, Japan etc that meets my criteria for therapeutic-grade probiotics, with no danger of backlash in autoimmune conditions.

We currently sell and ship refrigerated Natren probiotics from our warehouses in the U.S., Canada, U.K., and soon will expand into Ireland. We also have a warehouse in Australia and would happily ship from there if we could get import clearance.

Although we serve a niche market of gut diseases, and other autoimmune or chronic diseases, unfortunately this market is expanding rapidly, and awareness of the importance of the gut microbiome is likewise spreading quickly.

Sincerely yours,

A handwritten signature in black ink, appearing to be "Jini Patel Thompson", with a horizontal line extending to the right.

Jini Patel Thompson  
Director